



**Tips for Speakers and Attendees to help reduce their event related impact on climate change**

Travel

Tips	Environmental Impact	Ease of Implementation	Cost of Implementation
1. Fly Nonstop	Medium	Moderate	Low
2. Take Public Transportation to Get Around. The benefits of doing so are:  <b>Cost.</b> Public transportation is cheaper than renting a car and paying for gas. And it's faster than walking so you can cover more ground in a day.  <b>Convenience.</b> In Dubai, public transportation will take you almost anywhere you want to go. Plus, you'll never have to worry about parking a car or following street signs. Just sit back, relax, and enjoy the ride.  <b>Meeting the locals.</b> Most of your fellow passengers will likely be UAE residents. Strike up a conversation. You can practice your foreign language skills and learn about local culture and sites at the same time.  <b>Seeing the city.</b> When you're on a bus or metro, you'll see parts of the city that may not be featured in guidebooks. You might even uncover an awesome market or hidden restaurant.	Medium	Moderate	Low
3. Share Transportation	Medium	Moderate	Low

Hotel Accommodation

Tips	Environmental Impact	Ease of Implementation	Cost of Implementation
4. <b>Unplug, unplug, unplug.</b> The first thing you should do when you walk into a hotel room is unplug. 5 lamps? Unplug 4. Mini-fridge? Unless you've brought a turkey and mayo sandwich, unplug. Coffee maker? Unplug. Hair dryer? Unplug. Appliances drain energy even when they're not on. If you just spend 2 minutes unplugging items you will already have made a difference.	Low	Easy	Low
5. <b>Hang your towel.</b>	Low	Easy	Low
6. <b>Move the soap.</b> An easy trick to reduce your waste is to bring the bar of soap with you to the shower when you shower and leave it by the sink the rest of the time. Seriously, when was the last time you used two full bars of soap at a hotel? (Or even one full bar?)	Low	Easy	Low
7. Stick the "Do not Disturb" on your door. Or just call housekeeping and tell them you won't need their services during your stay. To prevent the hotel from wasting water by changing your sheets and towels, wasting electricity by vacuuming, and spraying harsh chemicals all over your toothbrush, just ask them to refrain from cleaning your room during your stay.	Low	Easy	Low
8. Adjust the thermostat. By lowering the temperature by 2 degrees in the winter or raising it by 2 in the summer you will	Low	Easy	Low



	save a lot of energy. And you won't notice the difference.			
9.	When you leave the room turn everything off: Lights TV Thermostat (if the weather is mild)	Low	Easy	Low
10.	<b>Bring your own toiletries.</b> We personally know the pains of the 3 oz of liquids on planes rule. But think of all of the plastics that are used to create tiny bottles of shampoo and conditioner. And all of the extra packaging in luxury hotel items.	Low	Moderate	Low
11.	<b>Take shorter showers.</b> Sometimes a long, hot shower feels incredible. But do you need that every day?	Low	Easy	Low
12.	<b>Leave the pen (and other freebies) behind.</b> Do the earth a favor and leave these items behind.	Low	Easy	Low
13.	<b>Recycle.</b> Find out if the hotel recycles. If they do, ask if they separate it out from waste-bins. If they don't, take your free Gulf News and empty cans and bottles and toss them in an extra pocket in your suitcase to recycle later. They weigh almost nothing.	Low	Easy	Low

Post Event

Tip	Environmental Impact	Ease of Implementation	Cost of Implementation
14. End-of-show take-back and recycling program.	Medium	Moderate	Medium
15. If not issued at the event, send out delegate feedback questionnaire by email.	Medium	Easy	Low
16. Give any feedback you have to the venue.	Low	Easy	Zero

Stand Builders

Tip	Environmental Impact	Ease of Implementation	Cost of Implementation
17. Use locally produced materials for exhibition stand.	Medium	Moderate	Medium
18. Plan transportation routes efficiently to avoid unnecessary travel.	Medium	Easy	Zero